

# **MONTH: APRIL**

THEME: NUTRITION

# BOOK OF THE MONTH:

# **Dragons Love Tacos**

by Adam Rubin and Daniel Salmieri Ages: 4-7 years old

# 1. Introducing the Book:



#### **Exploring the Cover**

\*When presenting the book, be sure to highlight its title and to share the names of the author and illustrator!

There are so many tacos on the cover of this book. Someone is eating all those tacos! They have a big mouth, wings, red scales... Who is that eating all the tacos? It is a dragon! Dragons love tacos!

### **Building Background**

Tacos are delicious, but what is a taco? Taco is a dish from Mexico. It is made from a corn tortilla topped with fillings such as meat, cheese, and vegetables. Dragons love tacos, but do you love tacos? What toppings would you put in your tacos? There is a topping the dragons absolutely cannot have in their tacos. Let's find out which one by reading the book.

## 2. Reading the Book: **Interactive Reading**

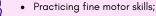
While reading the book, ask the children the following questions:

- Why do you think dragons love tacos so much?
- What is the ingredient dragons cannot have in their tacos? What happens if they have even a tiny little bit of it?
- What goes amiss at the boy's super taco party for dragons? How does it make the boy feel?
- How do the dragons help the boy?
- There are so many dragons in this book. Which dragon is your favorite?

## 3. After Reading the Book: **Make Your Own Taco**



- Learning to combine and measure different quantities of objects;
- Learning to follow recipes and instructions;



Learning healthy practices and behaviors.

#### Materials:

- Tortillas/taco shells
- · Taco fillings and topings of choice



Prepare all the ingridients beforehand. Set up a taco station by putting all the ingredients in small containers within a child's reach and laying out a few tortillas or taco shells on a plate. Let the children assemble their own tacos. Enjoy!

### **Too Spicy!**



- Learning to express thoughts and feelings while using spoken language;
- Understanding verbal or written game instructions;



- Engaging in cooperative play;
- Building relationships with children and adults.

#### Materials:

• Scissors, printable game

Cut out all the pieces of the printable game beforehand. Assemble the spinning wheel by attaching the arrow with a pin in the center. Place the tortilla in front of each player and the spinning wheel in the middle. On your turn, spin the wheel. The arrow will land on a taco ingredient. Take a corresponding ingredient card and add it to your taco. The number on the bottom of the card indicates the number of points you have gained. If on your spin, the arrow lands on spicy peppers, you must miss your next turn. After 10 spins, count your points and see who won.

#### References and Resources

**Dragons Love Tacos Website** 

Legend









Cognitive Socio-emotional Language